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| **Core Subject** | **Ghazzali For kids**  | **Class: ?** |
| **Topic** | **Two kinds of Learning** |
| **Lesson Title** | **What is my spiritual heart and what does it need?** |
| **Age Group** | **11-13** | **Teaching time:** | **55 minutes** |
| **Lesson Objectives:** There are two kinds of learning, one practical and the other divine. Real Learning teaches us how to polish our spiritual hearts, which are different from our physical hearts. Our spiritual hearts need cleansing of vices in order to shine beautifully.**Essential Question:** What is my spiritual heart?**All – To know what worldy knowledge and higher knowledge leads to****Most - Understand the difference between the physical and spiritual heart** **Some – To be able to reflect effectively** |
| **Lesson summary and activity breakdown:** **Starter****Freeing up good deeds**1. Name three things that you like to do when you are not in school.2. When do you do these activities and for how long? Which is the least important to you, and wouldyou be willing to do something better instead?3. Make a plan to spend less time doing one of these activities so that you have an extra 30 minutes tobuild good habits each day. For example, “I will spend 30 minutes less playing computer games each dayso that I can help my little brother with his math homework.”Regular practice will be to write notes to ourself to take 30 minutes each day to practice a new good habit. **10 minutes** **+ Introduce Journals. Then read Chapter 1 – 7 mins Teacher led for the first example.**  **Worldly knowledge and higher learning**.- Activity, Physical or spiritual heart- **knowledge**? Worldly knowledge and higher learning. Each pupil writes down 5 actions and puts it on the middle table/on the board. Looking for **creative relatable actions.** Will leave us with around 50 actions. (inc some repeats) Then each pupil will write 15 of those under physical and 15 under spiritual. 5 mins. **Extension task- what knowledge do we need for it.** **Read Chapter 21****Activity 2 – Spiritual visual heart 15 minutesLets draw our spiritual hearts. A big heart. Look at the vices and use them to reflect on. Pupils can write it in their hearts in pencil.** Envy, Lying, Being a Know-It-All, Arguing, Anger, Hate, Bullying, Gossip/Back-Biting, Greed,Pride, Making Excuses, Prying and Spying, Bragging/Showing Off, Being Two-Faced/Hypocrisy,Doing Too Many Things, Wasting Our Time, Ignorance, and IngratitudeUnder the heart you can about these vices and how they affect you. **Now through the virtues we will aim to rid ourselves of the vices and aim to polish our hearts. Look at Jennas list for inspiration.** **This will be ongoing.** **Activity 3- Guided Personal reflections 10 minutes**a. What is my spiritual heart and what does it need?b. What is your intention? (Help guide the children to make their intention that of pleasing Allah alone.)c. Why are you trying to learn about taking care of your spiritual heart? What good things will happento you if you take care of your spiritual heart?Followed by light dhikr to end the class. “Try to find the deepest part inside your heart. Tell it that you wish to clean it and make it beautiful. Ask yourself every day, ‘Am I getting better?’ Just focus on that answer being ‘Yes.’ Focus on getting better each day by sticking to good habits of thoughts, feelings, and actions. Don’t worry about the far-off future just right now.”**+ Vitrue of the week**1. Envy is opposite to Wanting Good for Other People |
| **Resources/equipment:****Projector, laptop, board, pens****Sr Shaila-**  offer one-on-one time with each child to listen to their ideas and feelings about the classand daily activities, and reflect on their artwork. |
| **Homework: (Ordinarily this should be review of notes)****Hwk is to cover journals with an inspirational message. + pick an animal for next week.**  |