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| **Core Subject** | **Ghazzali For kids**  | **Class:**  |
| **Topic** | **Two kinds of Nourishment** |
| **Lesson Title** | Two kinds of nourishment: one for the bodily heart and one for the spiritual heart. |
| **Age Group** | **11-14** | **Teaching time:** | **55 minutes** |
| **Lesson Objectives:** to understand their special status in Allah’s u creation, and therefore that their purpose in life and responsibility *is* to become good human beings. They should understand that they are different than animals because they have a spiritual heart, and building good character is what makes their spiritual heart pure. |
| **Lesson summary and activity breakdown:** **Starter****Guided Personal reflections 10 minutes**a. What is my spiritual heart and what does it need?b. What is your intention? (Help guide the children to make their intention that of pleasing Allah alone.)c. Why are you trying to learn about taking care of your spiritual heart? What good things will happento you if you take care of your spiritual heart?**Last week recap. Read Chapter 2 –Teacher led Quesitons and answers 5 mins****Activity 1: Connecting to the Quran Discussion** I will read to the children from Surah 2 verse 197:“O our Lord give us some good in this world and in the next abode” and reflect upon Hasan al-Basri’s commentary: “Verily in this world it is knowledge and worship; in the Next Abode, theGarden.” How is this different from the needs of animals? **Activity 2: A Moment of Silence**Memorise - “Knowledge begins with silence, then hearing, then memorizing, then performance, and thenspreading it.” Focus on silence. How can we practice that in class? Let the pupils decide on a good enough time. (aim is for the silence time after the dua at the start of the class. **Activity 3: Role play – Maybe – depending on time. Ustad Isaaq and the class visit the zoo.** Make the point that this activity is not just about learning how ridiculous it looks. Reflect on the honour of being a human being of intellect and of good manners.  **Essential Question:** What makes me special among Allah’s creation?**Reflect- Ponder- Write it in your journals, + Dhikr + update your spiritual Heart.**  “Write down what you would like to improve and name at least one easy way that you can improve.” “Try to find the deepest part inside your heart. Tell it that you wish to clean it and make it beautiful. Ask yourself every day, ‘Am I getting better?’ Just focus on that answer being ‘Yes.’ Focus on getting better each day by sticking to good habits of thoughts, feelings, and actions. Don’t worry about the far-off future just right now.”Update vices.  + **Read Chapter 21 if we have time.** Envy, Lying, Being a Know-It-All, Arguing, Anger, Hate, Bullying, Gossip/Back-Biting, Greed,Pride, Making Excuses, Prying and Spying, Bragging/Showing Off, Being Two-Faced/Hypocrisy,Doing Too Many Things, Wasting Our Time, Ignorance, and Ingratitude**+ Vitrue of the week**1. Envy is opposite to Wanting Good for Other People  |
| **Resources/equipment:****Projector, laptop, board, pens****Sr Shaila – Main support for reflections at the start and end of the class. Many students need the one to one support.**  |
| **Homework: Review notes +****Does God speak to you?** |